

Labelling and evaluation pole

Objectives

- ✓ Label structures contributing to favourable environment, reduce segmentation and optimise global care
- ✓ Evaluate the quality and efficiency of undertaken actions.

This approach supports the regional call for projects “Prevention for active and healthy ageing for seniors at risk of frailty” overseen by the Carsat, other retirement schemes and Regional Health Agency (ARS), and evaluates the quality of projects developers as well as the actions they wish to implement.

Members

The workgroup “labelling and evaluation of prevention actions” of the steering committee of experts in the field of ageing is today composed of 13 representatives of institutions or experts (Carsat, County Council –for Hérault and Lozère counties-, The Regional Directorate of Youth, Sports and Social Cohesion (DRJSCS), 2 other retirement schemes (MSA and RSI), the Regional Health Agency (ARS), the Montpastel Center, the University of Montpellier, the Geronto-clef, Social actions of the Agirc Arrco (CRCAS), the Epsilon laboratory, the Regional Management of the Medical Health Insurance)

The workgroup was created in late 2013. It met 3 times in 2014. Thus, the reflection on labelling of prevention actions was initiated, emphasizing the importance for a prevention project to have a global/concerted and continuous approach.

Carried out work

► Implementation of the « Prevention Passport »

This new measure, which has been implemented within the call for projects lead by retirement schemes and the Regional Health Agency, allows a long-term follow-up of the people who benefit from the sponsored prevention actions. The purpose is twofold :

- Reinsure newly acquired behaviours
- Assist with access to rights and other procedures (workshops, other measures, other themes)

9 operators were sponsored within the call for projects in 2014 and trained to assist 400 beneficiaries in 2015.

► Evaluation of frailty in beneficiaries of collective actions through the EPICES scores

In order to evaluate the impact of targeting actions toward the frailest subjects, all beneficiaries of actions financed under the call for projects are invited to answer the 11 questions of the EPICES grid. The EPICES score (Evaluation of financial hardship and health disparities in medical centres)

is an individual indicator which encompasses 11 questions related to financial difficulties, social isolation and lack of physical or cultural activities.

Geronto-clef provides technical and methodological help towards data collection, ensures follow-up of the levels of frailty and financial strain, and studies means to improve the targeting of the most concerning publics further.

Prospects

From the call for projects and the experience from the « prevention passport », several areas of work have been identified for 2015-2016 :

- ▶ **Creating a decision tree in order to structure the senior's pathway**, mapping out different signs of prefrailty, frailty, dependence and disability while identifying offers that exist on regional level which would address each of these « states ». The creation of this decision tree will fall under the Concerted Window Service activity as well as the European project Sunfrail.
- ▶ **Proposing to operators who lead prevention actions some quality criteria for the programme** which will eventually become labelling criteria :
 - Amount : proposing workshops lasting 3 to 6 months
 - Content: planning from the start what should happen after the actions, or the “after workshop”, individually
 - Methodology: propose a follow-up call to each beneficiary to encourage motivation.
- ▶ **Perform a battery of test to assess the efficiency of the programmes** that could be utilised by the sponsored operators to measure behavioural and practical evolutions of the beneficiaries.